

SOUTH QUEENSLAND SABOT ASSOCIATION INC.

SQSA Sprint Series 2023-24

**11th – 12th
November 2023**

SAILING INSTRUCTIONS

Organising authority

South Queensland Sabot Association Inc.

In conjunction with the host club

**Lake Cootharaba Sailing Club
Boreen Point**

SAILING INSTRUCTIONS

1. RULES:

The regatta will be governed by:

1. the rules as defined in The Racing Rules of Sailing 2021-2024 (RRS),
1.1.1. <https://cdn.revolutionise.com.au/site/hrya1mz0ijmfcshb.pdf>
2. Special Regulations for Off the Beach Boats:
3. <https://cdn.revolutionise.com.au/site/tde3yzdsue2uqzaq.pdf>
4. the rules and appendices of the Australian National Sabot Council,
5. the Model Rules and By Laws of South Queensland Sabot Association Inc. (SQSA),

2. ALTERATIONS TO RACING RULES

1. **RSS 43.1 (a):** No camel backs.
2. A boat shall not discharge rubbish in the water. Rubbish may be deposited on support and race vessels at the appropriate time.
3. Attention is drawn to Part 5, SECTION C, RRS 69 "Misconduct".

3. NOTICES TO COMPETITORS

1. Notices to competitors will be posted on the official notice board at the Darling Point Sailing Squadron (DPSS), located at the clubhouse.

4. CHANGES TO SAILING INSTRUCTIONS

1. Any changes to the Sailing Instructions will be posted on the Official Notice Board not less than 30 minutes prior to the warning signal of the first race in which such change will take effect.

5. SIGNALS MADE ASHORE

1. Signals made ashore will be displayed from the flagpole located at the clubhouse.
2. When Flag signal AP is displayed ashore, the warning signal will be made not less than 15 minutes after AP is lowered.
3. When a Flag signal is displayed over a class flag, it applies to that class only.

6. SCHEDULE

DAY/DATE	ACTIVITY	TIME
Saturday 11 th Nov 2023	Training (Scott Sinclair) Races 1-4 Warning signal not before 1pm	Training 900-1200Hrs Approx. Rigged and Ready for on water at 900Hrs
Sunday 12 th Nov 2023	Racing (4 Sprint Races)	Racing Approx. 930Hrs
	Presentation	ASAP after completion of racing.

Note: Saturday 12th No Warning Signal after 1300HRs (1pm).

7. CLASS FLAGS

All Divisions 1 Black Sabot insignia on a white or yellow background

8. RACING AREA

1. Courses will be laid in Lake Cootharaba, within close proximity to LCSC, Mand explained at Briefing.

9. THE COURSE

1. The Courses will be described at the Competitors Meetings.

10. MARKS

1. The Marks will be as described at the Competitors Meetings.

11. AREAS THAT ARE OBSTRUCTIONS

1. Any areas will be described at the Competitors Meetings.

12. THE START

1. Races will be started in accordance with RRS 26. The table below provides an example of the starting sequence.

Signal	Visual Signal	Sound Signal	Minutes to Start
Warning Signal	Class flag up	1 Sound	5
Preparatory Signal	"I" or "P" flag up	1 Sound	4
	"I" or "P" flag down	1 Sound	1
START	Class flag down	1 Sound	0

1. The Starting Line will be described at the Competitors Meetings.
2. An Inner Distance mark (IDM) may be floated from the rear of the Start boat. For the purpose of the application of the rules, this mark is deemed to be a part of the vessel, which it protects.
3. Boats whose Warning Signal has not been made shall remain outside the starting area and clear of all boats whose warning signal has been made.
4. Boats failing to start within 5 minutes of their Starting Signal may be scored DNS (Did Not Start.) at the committee's discretion.

13. CHANGE OF THE NEXT LEG OF THE COURSE

1. The race committee may change the next leg of the course, as per Part 3 RRS 33.
2. A lead boat displaying code flag 'L', may lead the fleet to the new mark

14. THE FINISH

1. The Finishing Line will be described at the Competitors Meetings.

15. PENALTY SYSTEM AND DECLARATIONS

1. RRS 31 and 44.1 will apply

16. TIME LIMIT

1. The time limit for each race will be approx 20 minutes..
2. Boats failing to finish within 10 minutes after the first boat in its Division finishes will be scored Still Racing Score (SRS), which amends RRS 35. This is the last place finisher within the time plus 1 point.

17. PROTESTS

1. Protests may only be made by a skipper or crew actually involved in or who saw the incident and shall be written and submitted to the SQSA Sailing Officials.
 - They shall be delivered to the Officials within 30 minutes after the time of the last boat in the relevant Division to finish the last race of that day, this amends RRS 61.3 and 62.2.
2. After finishing the race, a boat, which intends to protest, shall notify the Finish Boat, before leaving the racing area.
3. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.
4. The Protest Committee will hear protests as soon as practicable.
5. The skipper and/or crew of a protesting boat shall report immediately to a nominated Protest Counsellor on reaching the shore.
6. Counsellors shall advise and help the protestor and protestee as required, particularly in preparation of the protest form and preparing for the protest hearing.
7. Notices of protests by the race committee will be posted to inform boats under rule 61.1(b)

8. A list of boats that, under instruction 14.3, have been penalised for braking rule 42 will be posted.
9. Decisions of the protest committee will be final as provided in rule 70.5

18. SCORING

1. The Low Point Scoring System Appendix A will apply.
2. Eight (8) races are scheduled, of which three (3) shall be completed to constitute a series.
3. a) When only three (3) races can be completed, a boat's score shall be the sum of her scores for all three races.
b) When either five (5) more races are sailed a boat's score is its total score minus (1) drop.
c) When eight (8) races are sailed a boat's score is its total score minus (2) drop.
4. Points from this regatta will accrue to each skipper along with the South Qld Championships, Bay Titles and the River Titles to decide the 2023-24 South Queensland Championships.

19. SAFETY

1. **Wind Strength;** Attention is drawn to Australian Sailings recommended wind strength range in which to safely race the Sabot class and as a guideline: races will not be started in winds gusting above 25 knots, or at the discretion of the Principal Race Officer (PRO).
2. **Sign On and Sign Off;** Each skipper shall Sign On/Off, 'sign on' before leaving the shore, and 'sign off' within 30 minutes on coming ashore (in the case of abandonment in adverse weather, 'sign off' shall be effected immediately on return to shore).
3. **Personal Floatation:** All competitors at all times while sailing or aboard a rescue boat shall wear a Personal Floatation Devices: (PFD) Type 1 or Type. Approved for that competitor's body mass. Australian Sailing recommends that children under the age of twelve (12) wear PFD Type 1 (AS1512). Inflatable PFDs will not be accepted. ATTENTION IS DRAWN TO RRS Part 1 Fundamental Rule point 1.2.
4. **Retirement;** A boat that retires from a race shall notify the race committee as soon as possible. [DP]. The notation '[DP]' in a rule in the SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification.
5. **Rescue Boats;** The crew of a Sabot, which is capsized, or in need of assistance, shall comply with the instructions given by a rescue boat or race committee vessel, which is providing assistance.
6. **Failure to Comply;** Failure to comply with any safety requirement may result in protest and subsequent disqualification from the race or races concerned.
 - a. It is recommended that footwear be worn at all times, but particularly when launching and recovering boats on ramps and beaches.

20. CHANGES TO CREW AND EQUIPMENT

1. **Crew;** There shall be no change of crew without prior written request and permission from the RC. A request for permission to change crew shall be lodged with the RC no later than two hours before the scheduled Warning Signal of the race for which the change is requested.
2. **Equipment;** Requests to use replacement equipment shall be made to the RC in writing before the Warning Signal of the race in which such equipment is to be used, and approval in writing obtained.

In exceptional circumstances; a verbal request to use replacement equipment may be made to the Race Committee prior to the Warning Signal for the race concerned. If approved, a written request shall be lodged with the RC before the end of protest time for that race day and all such equipment may be measured. If the replacement equipment is found not to comply with the Sabot Class Rules, the boat shall be scored DNC for the race concerned

21. EQUIPMENT/MEASUREMENT CHECK

1. Competitors are reminded that only one (1) hull, mast, boom, sail, rudder, and centreboard can be raced during the regatta. The mast, boom, sail, rudder, and centreboard are to be readily made available for stamping by the SQSA Measurer, or his representative, during the scheduled "Registration and Stamping period."
2. Measurement, equipment and clothing checks may be carried out at any time during the regatta, and a boat or helmsperson, which fails an inspection, may be disqualified from ALL races held on the day prior to such inspection.

22. OFFICIAL VESSELS

1. The RC's Start Boat shall display an Orange flag while on station.
2. The RC's Finish Boat shall display a Blue flag while on station.
3. The RC's Lead Boat shall display Flag L whilst leading the fleet around the course or after a change of course to lead the fleet to a new mark.

23. SUPPORT BOATS

1. Unless directed by the RC or to render immediate assistance in the interests of safety, team leaders, coaches and other support personnel shall not enter the course area or go within 100 metres of any boat that is racing. Failure to comply with this requirement may result in protest and disqualification of all boats associated with the infringing support personnel.

24. ELECTRONIC COMMUNICATIONS

1. A boat shall neither make radio transmissions while racing, nor receive radio communications not available to all boats. This restriction also applies to mobile telephones. The use of electronic navigation or nautical aids is not permitted.

25. PRIZES

1. Presentation of prizes will be held as soon as practicable after the last race.
2. Perpetual trophies and medals will be presented in accordance with the Notice of Race.

26. DISCLAIMER

Competitors and their parents/guardians accept that participation in the regatta is at their own risk and responsibility in every respect. The South Queensland Sabot Association Inc., Darling Point Sailing Squadron, their members, officials and all others involved in the conduct and management of this regatta, shall not be liable for any loss of life, personal injury or loss or damage to property which may be sustained by reason of participation or intended participation in the Regatta or whatsoever or howsoever arising. ATTENTION IS DRAWN TO RRS PART 1 FUNDAMENTAL RULE 4.

27. INSURANCE

It is a condition of entry that each boat is covered by third party liability insurance in accordance with the Notice of Race and Entry Form. By submitting entry to the Sprint Series, you guarantee to SQSA and LCC that owners/competitors do hold a current Insurance Certificate.

APPENDIX A – RACING AREA

Course location will be on Waterloo Bay and will be described at briefing.

APPENDIX B – RACE COURSE

- Course 1: START, A, B, C, FINISH
- Course 2: START, A, B, C, A, C, FINISH
- Course 3: START, A, B, C, A, C, A, B, C FINISH

(Mark type and colour is indicative only. Mark types and colours will be confirmed at the briefing)

WIND

